ACT LIKE A MAN BOX

MEN ARE

- Bread Winners
- Violent
- Mean
- Bullies
- Tough
- Angry
- Active
- Strong
- Successful
- In Control of Women

FEELINGS

- Confused
- Angry
- Scared
- Ashamed
- Alone
- Stupid
- Powerless
- Vulnerable
- Revenge
- Hopeless
- Worthless

MEN

- Have no emotions
- Stand up for themselves
- Yell at people
- Can take it
- Don’t make mistakes
- Don’t cry
- Take charge
- Push people around
- Know about sex
- Don’t back down
- Take care of people

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